Resources We Want You to

Know About:

**Poison Control:** (800) 222-1222

[**Locate Registered Sex Offenders In Your Area** www.family](http://www.familyvoices.org/)watchdog.us

**Oakland County Health Division**[www.perdata.hrsa.govImchb/mchreports/linkf state\_links.asp](http://www.perdata.hrsa.govImchb/mchreports/linkf%20state_links.asp)

**Nurse On Call**

[www.oakgov.com/health](http://www.oakgov.com/health)

Or call toll free (800) 848-5533

**Family to Family Resource Centers**[www.medicalhomeinfo.org/tools/F2F.html](http://www.medicalhomeinfo.org/tools/F2F.html)

Or call toll free (888) 835-5669

**National Center for Medical Home Implementation** [www.medicalhomeinfo.org](http://www.medicalhomeinfo.org/)

Or call (800) 433-9016 x 7621

**State of Michigan WIC:**

Call: (800) 262-4784

**Urgent Care Centers**

Hartland Urgent Care: (810) 632-0305

St Joseph Mercy (White Lake):

(248) 758-7800

CVS Minute Clinic: (248) 684-1775

Advance Urgent Care (Hartland):

(810) 632-0086

**Emergency Care Facility**

Call 911 for Immediate Life-Threatening Emergencies.

Huron Valley-Sinai Hospital:

(248) 937-3300

St. John Providence Park Hospital:

(248) 465-4100*Communication is Important*

Our Services:

* School and sports physicals
* Asthma and obesity education
* TB testing
* Natural Products Available For Treatment of Asthma, ADD, ADHD, Allergies

1550 N. Milford Rd. Suite 307

Milford, MI 48381

Phone: **(248) 676-0991** [www.milfordkidsdr.com](http://www.milfordkidsdr.com/) [drkostecke15](mailto:drkostecke1550@comcast.net)[50@comcast.net](mailto:50@comcast.net)

We are located on east side of N. Milford Rd., north of the town of Milford and South of M-59. Type in the following web address for more directions: [www.milfordkidsdr.com/locations.html](http://www.milfordkidsdr.com/locations.html)

Hours:

Mon. 9:30 AM to 4:30 PM

Tues. 1:30 PM to 7:00 PM

Wed. 2:00 PM to 6:00 PM

Thurs. 1:30PM to 7:00PM

Fri. 12:00 PM to 5:00 PM

Sat. 9:30 AM to 12:30 PM



**Rekha Kostecke, M.D. Pediatrician in Milford Phone: (248) 676-0991**

**We Are Your Family-Centered Medical Home**

**A Patient-Doctor Partnership**

>-*Guide for Families*

Our practice is working together to build life-long relationships between our staff and our patients by consistently providing our patients with compassion, excellence and value.

[**www.milfordkidsdr.com**](http://www.milfordkidsdr.com)

(This document is also available on our website.)

What Is a Family–Centered Medical Home?

The Medical Home... is accessible, continuous, comprehensive, family-centered, coordinated, compassionate, and culturally effective care (AAP policy statement, 2002, reaffirmed 2008).

This means our practice, as your Medical Home, is a central resource for all of your child's care needs. In a Medical Home, your doctor, nurse or physician's assistant and their staff who see your child for routine check-ups - makes you feel like you are the most important part of the health care team. You are welcome and invited to participate in all aspects of your child's care.

As your Medical Home we will also help you find needed information and resources, such as information about:

* Pediatric specialists
* Health conditions/latest treatments
* Home care, equipment, and vendors
* Supports and respite services for your family
* Other key local services

Access and Communication

Our practice would like to be available when you need us. Please ask about any special communication or access needs that you or your children have.

We have "policies" with your needs in mind...for example:

When you call for an appointment you will be seen on the same day if your child is sick and must see a doctor.

* When your child has tests or procedures, in the case of abnormal test results Dr. Kostecke will contact you. Call us if our office has not contacted you within a week with results.
* If you are referred to a specialist with your permission we will share information with them and with you in a timely manner.
* Please contact us immediately after you make an appointment with a specialist. Referral requests may take up to one week.

Contact Us:

Rekha Kostecke, M.D., F.A.A.P.

1550 N. Milford Rd., Suite 307, Milford, MI 48380

From desk: **(248) 676-0991**

Fax: (248) 676-9862

Practice/provider email:

[drkostecke1550@comcast.net](mailto:drkostecke1550@comcast.net)

Practice website: [www.milfordkidsdr.com](http://www.milfordkidsdr.com/)

After Hours Physician on Call:

For guidance on medical situations that occur outside our scheduled office hours, you can reach Dr. Kostecke at (248) 978-5937

As Your Medical Home We Will:

* Take care of your child when he or she is sick and well and help you all to stay well
* Help you plan your child's care and/or set goals for care, now and in the future
* Talk with you about any testing or treatment that your child needs
* Work with you and other care providers to coordinate care

You Can Make Care Better and

Appointments Go Well if You

* Are prepared to share how your child is doing

(at play, at school, sleep, etc.)

* Write down and bring your main questions and concerns
* Bring in a list of any other providers your child's sees with their contact information
* Ask for help in creating and sharing a complete record of your child's care

Dr. Kostecke believes that accessibility, understanding and comfort are the cornerstones for an exceptional pediatric practice. To achieve this goal, she offers convenient office hours, helpful patient resources and an outstanding level of support.

For Your Convenience:

* Same Day Appointments for Sick Patients
* Evening and Saturday Appointments Available
* We are open: Monday through Saturday
* All Major Insurances Accepted